

MANICURE / PEDICURE

AFTERCARE ADVICE



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MANICURE *aftercare*



Apply a cuticle oil & hand cream daily to maintain healthy nails.



Wash & dry hands after a bath, chores, or swimming.



Wear gloves for household chores.



Use only non-acetone polish remover.



Avoid using harsh chemicals after manicure.



Schedule regular follow-up appointments.



Do not use nails as tools.

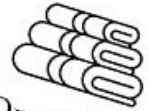


Don't pick, cut, or file manicure.

PEDICURE *aftercare*



Apply cuticle oil and foot cream to maintain pedicure.



Dry feet & between toes thoroughly after washing.



Wear open toe shoes after pedicure.



Use only non-acetone polish remover.



Wear cotton socks & change daily.



Schedule regular follow-up appointments.



Keep feet clean & dry.



Don't cut toe nails too short.

MANICURE / PEDICURE AFTERCARE ADVICE

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Apply cuticle oil daily.

Avoid saunas, hot tubs, swimming and spa environments for 48 hours post treatment.

Try not to use your hands as tools, remember to wear gloves!

Thoroughly dry hands after washing.

Try not to cut nails too short / bite them.

Have polish removed professionally.

Schedule regular maintenance.

Book your nail appointment 2-3 weeks.