



**AURA**  
HAIR & BEAUTY STUDIO

# **AURA LASH**

**EYELASH EXTENSION  
PRE & AFTERCARE ADVICE**

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# PREPARING FOR YOUR APPOINTMENT

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**By following these simple tips, you can ensure that your experience with eyelash extensions is as positive and comfortable as possible.**

**Clean Eyes/No makeup:** Makeup products worn close to the eye will need to be removed prior to your lash appointment. Arriving to your appointment with a clean face will save time and eliminate the need for you lash stylist to remove your eye makeup. This will time will be deducted from your treatment time and cannot run over.

**Avoid caffeine/stimulants up to four hours before your appointment:** Caffeine and other stimulants can make our lashes flutter. In addition, it can keep us from relaxing and enjoying the appointment, as we'll be too focused on staying awake.

**If you wear waterproof mascara, discontinue use 3 days prior to your appointment:** The compounds in these products will remain on the lashes, even after properly cleansing. This will prevent the extension adhesive from properly bonding and you may experience premature lash loss.

**Avoid using oil-based products on and around the eyes prior to your appointment:** It's important to avoid using oil-based products around your eyes before and after the appointment. Oil can cause the adhesive to break down, making it difficult for the lashes to stay in place. It will decrease your retention dramatically, which will result in you needing more frequent fills.

**Dress comfortably:** One of the biggest tips we can give you is to dress comfortably for your eyelash appointment. Keep in mind, based on the type of set you booked for, you'll be spending any time from hour onwards lying down, so it's important to be comfortable. Comfortable clothing will help you relax and enjoy the time being pampered.

**Bring headphones:** It is recommended to bring headphones/earphones to your appointment. This can help to pass the time and make the experience more enjoyable. It can help to cancel out any external noise, making it easier to relax. It can help the time go by faster. Lastly, it can be a way of indicating to the technician that you would prefer not to talk during the procedure. This can be helpful if you want to take a nap or simply spend some time in silence.

**Remove your contacts:** Your eyes will be closed during the application of your eyelash extensions, to avoid any discomfort, it is always suggested that contacts are removed allowing eyes to be comfortable in a natural and rested state.

**Arrive a little early:** Clients are always advised to come in a little early to their eyelash extension appointment. This gives you time to fill out any paperwork and also gives your lash tech a chance to answer any questions you may have. It also means that they can start your treatment on time or sometimes even a bit early, without having to rush.

We know that your time is precious, and we want to make sure that you get the most out of your appointment. So please make sure to arrive a few minutes early, so that your lash tech can give you the best possible service.

*Should you need to reschedule please get in touch at your earliest convenience. There will be a 15 minute grace period, this time will be deducted from your appointment to ensure all clients are seen on time.*

# EYELASH EXTENSION AFTERCARE ADVICE

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## **KEEP THEM DRY**

Do not get lashes wet for 24hours after treatment, this will ensure lashes have fully bonded.

## **NO STEAM**

Avoid for steam 48hours after treatment. This includes hot showers, saunas, steam rooms, steaming facials (careful with the oven).

## **AVOID USING OIL BASED EYE PRODUCTS**

Oil based products around the eye area will loosen the bond and cause extensions to fall off.

## **BE GENTLE**

Do not rub or pull on your eyelashes. This can cause your natural lashes to fall out and cause breakage and or damage to hair follicle.

## **CLEAN REGULARLY**

It is important to keep your lashes clean, using a shampoo to avoid any product build up/infections. Don't brush lashes when wet!

## **SLEEPING**

Try not to sleep directly face down into your pillow. Which ever side you tend to sleep on - you'll experience lash loss more on that side.

## **DON'T WORRY WHEN YOU LOSE AN EXTENSION**

This is the natural hair cycle, an extension will shed with the hair, we usually lose 2-3 per day

## **NO NO'S**

Do not - Perm, use eyelash curlers, tint, water proof mascara or liquid eyeliner. These will damage the lashes.

*To extend the life of your lashes, it is recommended to schedule an infill every 2-3 weeks*

# Lash Aftercare

## INSTRUCTIONS



AVIOD GETTING  
LASHES  
WET 24-48 HOURS



AVOID OIL  
PRODUCTS



NO  
MASCARA



WASH YOUR  
LASHES DAILY



DO NOT USE  
LASH CURLER



FILL EVERY  
2-3 WEEKS



NO PICKING  
LASHES



NEED REMOVAL,  
GO TO YOUR  
LASH TECH



BRUSH YOUR  
LASHES DAILY



ANY QUESTIONS AND CONCERNS ALWAYS  
MESSAGE YOUR LASH TECH

# CLEANING YOUR LASHES

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## STEP 1

Wet your lashes.

## STEP 2

Take one pump of lash cleaning shampoo, and a fluffy brush to saturate and cleaning in between lashes more efficiently.

## STEP 3

Rinse off the shampoo thoroughly and ensure there is no shampoo residue left on the lashes.

## STEP 4

Use a clean paper towel or tissue to pat down and dry the lashes, or a handheld fan and mascara wand.

## STEP 5

Brush through the lashes with a mascara wand, using an upwards motion.