



AURA
HAIR & BEAUTY STUDIO

HD BROWS

PRE & AFTER CARE



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PREPARING FOR YOUR APPOINTMENT

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Here are some tips on how you can best prepare for your brow treatment.

In the days leading up to and following your HD Brows treatment, we also recommend:

- **Avoiding exfoliating (both acid exfoliators and scrubs) and anti-ageing products around the brow area for three days either side of your treatment**
- **Avoiding fake tanning products on the face for three days either side of your treatment**

After these time frames, feel free to carry on as normal. You can always contact your HD Brows Stylist with any questions.

Music is welcome: It is recommended to bring headphones/earphones to your appointment. This can help to pass the time and make the experience more enjoyable. It can help to cancel out any external noise, making it easier to relax. It can also help the time go by faster. Lastly, it can be a way of indicating to the therapist that you would prefer not to talk during the procedure. This can be helpful if you want to take a nap or simply spend some time in silence.

Remove your contacts: To avoid any discomfort, it is always suggested that contacts are removed allowing eyes to be comfortable in a natural and rested state.

Arrive a little early: Clients are always advised to come in a little early to their appointment. This gives you time to fill out any paperwork and also gives your brow tech a chance to answer any questions you may have. It also means that they can start your treatment on time or sometimes even a bit early, without having to rush.

Should you need to reschedule please get in touch at your earliest convenience. There will be a 15 minute grace period, this time will be deducted from your appointment to ensure all clients are seen on time.

AFTERCARE ADVICE

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In the first 24-48 hours, as part of your HD Brows aftercare, we recommend:

Avoiding contact with direct sunlight, and the use of sunbeds, saunas, steam rooms and swimming pools for 48 hours after your treatment.

Do not touch or rub the treated area for 24 hours after your treatment.

Do not apply exfoliators, anti-ageing skincare or tanning products around the brows for three days after your treatment.

Fake tan is a big no-no both before and after an eyebrow tint. The tan can react with the tint, turning your custom-mixed brow dye into an unflattering shade of green. Therefore, we advise against applying any tanning products, be it a professional spray tan, self tanner or gradual tan moisturisers, for three days either side of your treatment.

If you really, really wish to tan, apply a barrier of SOS Rescue Brow Balm (or other multi-purpose skin balm) to the hair and around the brow area prior to tanning to reduce the risk of discolouration. It's also worth noting that waxing treatments will remove any fake tan that's on the skin, leaving you with a paler patch around your brows.

Your stylist will apply some HD Brows cosmetics at the finishing stage of your treatment. After that, we advise that you avoid applying any further, heavy make up for 24 hours following eyebrow waxing or threading. Applying make up, including foundations or concealers, to the skin around the brow could clog your open follicles, leading to bumps or spots.

Re-book for 6-8 weeks time.

How can I remove my HD Brows eyebrow tint?

Eyebrow tint lasts around 6 weeks, so it can't be removed but the colour will gradually fade. The rate at which it fades will depend on a variety of factors, including hair type and skincare regime. Remember that your colour may be darker and more defined immediately after your treatment. Your Stylist may also have applied some make up to temporarily fill in any re-growth areas and show you the brow shape you are working towards.

What do you put on eyebrows after HD Brows?

As part of the aftercare advice for eyebrow tinting, we strongly recommend that you apply a Brow Conditioner to your brows daily. Not only will this help to prolong the wear of your tint, but it will keep your brow hairs healthy and conditioned. If you had your hair coloured you'd use a conditioner, so treat your brow hairs the same. For seriously dry and damaged brows, we recommend using the SOS Rescue Brow Balm as an intensive overnight treatment. If you have sparse brows, your Stylist may put you on a re-growth programme to help you create your dream shape. In the meantime, you can fake it 'til you make it with eyebrow make up. Need help choosing the right product for you? Here's our guide to finding your perfect product match.