

WAXING

PRE & AFTERCARE ADVICE



WWW.AURAHAIRANDBEAUTY.CO.UK

@aurahairandbeautystudio

contact@aurahairandbeauty.co.uk

PREPARING FOR YOUR APPOINTMENT

.....

By following these simple tips, you can ensure that your experience with our waxing treatment is as positive and comfortable as possible.

Hot shower or bath on the day of your appointment: Not only is the hygienic, it will help to open up and relax your follicles making removal easier.

Avoid perfumed products: No perfumed, soap, cream products on the area due to be waxed except underarms.

Exfoliate: If you exfoliate regularly please do this 24-48hours before your appointment.

Relax: We advise not to drink coffee several ours before your appointment as this can prevent you from relaxing.

Dress comfortably: Wear loose comfortable clothing, cotton clothing for after.

Bring headphones: Your favourite music or podcast can help to relax, distract and pass time quicker.

WAXING AFTERCARE ADVICE

.....

Avoid any excessive direct sun-light, tanning and sunbeds for 72 hours post treatment.

Avoid saunas, hot tubs, swimming and spa environments for 48 hours post treatment.

Avoid working out/swimming and any activity that can lead to sweating for at least 24 hours post treatment.

Clean loose fitted clothing, to allow the skin to breath and the open pores to not become irritated. The area could have some redness post treatment - cotton, loose clothing is recommended.

Avoid shaving the area, schedule maintenance every 4-6 weeks.

Lukewarm shower the following day, avoid hot water as this can cause infection.

No exfoliating for 72 hours post treatment. After that, exfoliate 2x per week.

Book your wax appointment 4-6 weeks.